

Ireland's Fittest Family is a competition reality show where families from all over the country compete against each other for the chance to win €15,000 and the title of 'Ireland's Fittest Family' all the while being mentored by our panel of respected coaches, Davy Fitzgerald, Derval O'Rourke, Anna Geary and Donncha O'Callaghan. We are back for our sixth year and are currently looking for families for the brand new series.

Last year, we had our first ever family from **MEATH** take part in the competition - The Bradys! The Brady family were unlucky last year, falling at the first hurdle.

This year, we're putting the call out again to see if there's another Meath family who can go further than the Bradys and maybe take the title home.

I was wondering if you could help me get the word out that we're looking for families throughout

your organisation and through your Facebook page. I've attached a poster with all of the information you need. We are directing people to visit: rte .ie/ irelandsfittestf amily or call 01 531 3865 for more information.