

Jigsaw Meath are announcing two training dates as part of our program of Capacity Building in Youth Mental Health for professionals and volunteers working with Young People in County Meath.

Please see an outline of the program below and more details in the attachments. **Day 1 - Understanding Youth Mental Health (UYMH)**

**Date:**

□  
13th March 2018

**Time:**

9:30am - 4pm

**Venue:**

□  
25 Brew's Hill, Navan, Co. Meath (Directly across from Navan O'Mahony's)

**Day 2 - Minding Youth Mental Health (MYMH)**

**Date:**

10th April 2018

**Time:**

9:30am - 4pm

**Venue:**

25 Brew's Hill, Navan, Co. Meath (Directly across from Navan O'Mahony's)

We are now running the above as a two day course. The first course is UYMH which is to be held on the 13th March 2018, and the second course is MYMH which is to be held on the 10th April 2018. Please confirm that you are able to attend both courses.

**Perhaps you've previously attended these trainings, please feel free to forward this email to colleagues who may be interested in any of our courses.**

Places are limited so please book early to ensure your place.

If you have any queries, please do not hesitate to contact us on 046 907 1702 mail us at [meath@jigsaw.ie](mailto:meath@jigsaw.ie)