

Find below the full schedule for the upcoming Award One course in Summerhill. There was a couple of changes to the original dates sent out. It will be split between two venues - the GAA Clubhouse for the meeting room and the Community Centre which has an average sized hall.

## COMHAIRLE LAIGHEAN

### LEINSTER COACHING & GAMES DEVELOPMENT

#### AWARD 1 YOUTH & ADULT COACHING COURSE.

#### FOOTBALL

**VENUE: SUMMERHILL**

**TUTOR IN CHARGE: JENNY RISPIN 0877811215**

SESSION	SESSION TITLE	DATE	TIME	TUTOR
1. Room Summerhill GFC	Introduction, Communication & Role of Coach	Tuesday 7 <sup>th</sup> Nov 2017	19.30 – 22.00	Brian C
2. Room & Hall Summerhill Com Centre	Technical Proficiency	Saturday 11 <sup>th</sup> Nov 2017	9.30 – 12.00	Cia
3 Room & Hall Summerhill Com Centre	Tactical Prowess / Decision Making	Saturday 11 <sup>th</sup> Nov 2017	12.30 – 15.00	De
4 (A). Room & Hall Summerhill Com Centre	Physical Fitness: Components & Principles	Saturday 18 <sup>th</sup> Nov 2017	9.30 – 12.00	C
4 (B). Room & Hall Summerhill Com Centre	Physical Fitness: Components & Principles	Saturday 18 <sup>th</sup> Nov 2017	12.30 – 15.00	C
5. Room & Hall Summerhill Com Centre	Team Play And Tactical ploys	Tuesday 21 <sup>st</sup> Nov 2017	19.30 – 22.00	S
6. Room Summerhill GFC	P1: Playing Facts P2: Psychological Focus	Wednesday 22 <sup>nd</sup> 2017	19.30 – 22.00	2/3 Par

