

Best wishes to Sara Treacy who will lead the Irish women's U-23 cross country team in the European cross country championships which take place next Sunday December 13<sup>th</sup> in Santry Park, Dublin.

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The SPAR European Cross Country Championships will take place in Ireland for the first time on the 13th December in Santry Demesne, Dublin. The women's U-23 team will be led by Sara Treacy (Moynalvey / Kilcloon AC), who recently took the U-23 title at the Inter County Cross Country on Sunday November 22nd in Kilbeggan. Sara finished fifth overall in the senior race and was the leading u-23 athlete.

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Good Luck Sara from all at Moynalvey GFC.