Adult training for all players aged 16 upwards will commence at Moynalvey GAA Centre on Friday January 12th 2007 at 7:30pm sharp.

The players will be introduced to the new club trainer PJ Cummins and his selectors Sean McDermott and Ollie Gilsenan before training commences straight afterwards.

All players are to being both football boots and runners.

Please note that there will now be no players meeting on Friday, January 5th as previously advised.